

## Poster Submission Guidelines

### Conference Theme

- All posters should align with the conference theme, *Healing Through Relationship*, focusing on topics such as:
- Transference and countertransference in ISTDP/EDT therapies
- Therapeutic relationship as motor of change in psychotherapy
- Relational dynamics in therapeutic practices
- Trauma-informed relational approaches
- Changing relationships outside of therapy
- Other related research or case studies in the field of relationships and healing
- Barriers to emotional closeness

### Submission Details

- **Abstract Deadline:** [30.03.2025](#)
- **Poster Submission Deadline:** [31.07.2025](#)
- **Where to Submit:** [konferencja@istdp.org.pl](mailto:konferencja@istdp.org.pl)

### Poster Format

- **Dimensions:** 91 x 122 cm (36 x 48 inches)
- **Orientation:** Portrait (preferred) or Landscape
- **File Type:** PDF or PNG for digital submission (minimum resolution: 300 dpi)
- **Font Size:** Minimum 24 pt for text, 32 pt for headings (ensure readability from a distance)
- **Color Scheme:** Use high-contrast colors for better visibility; avoid excessive text

### Content Requirements

#### 1. Title

- Should reflect the main topic of your work
- Include author name(s) and affiliation(s)

#### 2. Introduction

- Briefly outline the purpose of your research/project

#### 3. Methodology

- Provide a concise summary of methods used (if applicable)

#### 4. Findings/Key Points

- Highlight major results, insights, or discussion points

#### 5. Conclusion

- Emphasize key takeaways and implications for healing through relationships

## 6. Visuals

- Use diagrams, charts, or images to support key ideas (ensure clarity)

## 7. References

- Provide citations for any works referenced

## Poster Presentation Requirements

- **Presentation Format:**

- Presenters should prepare a 3–5 minute overview to share with attendees during poster sessions.

- **In-Person Display:**

- Posters will be displayed on easels or walls; authors must arrive early to set up their work.

- **Virtual presentation of posters will not be available**

## Selection Criteria

Posters will be evaluated based on:

- Relevance to the conference theme
- Originality and significance of research or insight
- Clarity of visuals and information
- Quality of design and presentation

## Additional Notes

- Accepted presenters will be notified by e-mail as soon as possible.
- Please direct questions to Lukasz Konowalek at [conference@istdp.pl](mailto:conference@istdp.pl)